

MIDWINTER NATURIST FESTIVAL, FEBRUARY 16-21, 2017

Breakfast 7:30- 9:00 AM Lunch: Noon – 1:30 PM Supper: 5:30 – 7:00 PM

THURSDAY, 2/16/2017	2:30	Radical Naturism - Don VandeKrol <i>Do we have roots in anarchy?</i>
9:00 OPENING FRIENDSHIP CIRCLE		
10:00 Florida Free Beach History - Bruce Frendahl <i>The development of clothing optional beaches: successes, failures, personalities, legalities.</i>	2:30	Musical Jam Session - Jonathan & Susan Shopiro <i>Bring your instruments and voices.</i>
10:00 Sustainable Living by Design: Permaculture - Geoffrey Farmer <i>Working with nature, we can live in a way that is sustainable and benefits the environment.</i>	2:30	Amateur Radio Demonstration & SIG Meeting - Larry Weil <i>Set up & operate ham radio station & talk with nudist ham radio stations around the world.</i>
10:00 Water Aerobics - Carolyn Roach <i>Exhilarating hour of stretching, cardiac strengthening, and deep breathing.</i>	2:30	Puja - Darrell & Nancy Casey <i>An introduction to tantra & each other.</i>
10:00 Tantra Yoga for Couples - Zen Holmes <i>Tantra yoga techniques that will increase bonding & intimacy between you & your partner</i>	2:30	Tai Chi - Michael Bootzin <i>Focus on breathwork and balance, on the meditation aspect, not the martial art aspect, of Tai Chi.</i>
10:00 On Being Human 1: Our Physical Well-Being - Woodland Sage <i>Is it the most miraculous & complete multi-directional communication system ever created without a single particle of technology? Hmmm! I wonder?</i>	2:30	Airbrush Tattoo Fun - Darren & Laurie Snyder <i>Get an airbrush tattoo that can last a week.</i>
10:00 Guided Meditation - Michael Bootzin <i>Open your imaginariium through visualizations.</i>	2:30	Basic Photography - Rich Pasco <i>What your digital camera's manual probably won't tell you.</i>
10:00 Sign Language for All Ages - Amy Porter <i>Learning to speak with our hands.</i>	3:30	Children's Activity: Ice Cream Social & Pool Fun - Tom Black Hawk Caffery, Sandi Reamer
11:00 The Acceptance of Topfree Equality - LaDonna Allison <i>Topfree activist discusses progress.</i>	3:30	Raising Children as Naturists - Morley Schloss <i>The benefits and issues of raising children as naturists.</i>
11:00 Tantric Breathing: The Breath of Love - Alice & Dunbar Susong <i>Breathing exercise with tantric body movements and vocalization, guaranteed to enhance pleasure in a loving relationship.</i>	3:30	West African Drumming - John Dodge <i>Learn the rhythm parts that create an African dance. Play in the following African dance class.</i>
11:00 Singles SIG Meet & Greet - George Winlock <i>Meet & greet other single nudists.</i>	3:30	Swedish/Shiatsu Massage & Foot Reflexology - Michael Bootzin <i>Basic techniques for a relaxing full body massage.</i>
11:00 Testosterone - Looking Good at 100 - John Dodge <i>What we can do to maintain optimal functioning as we age. Men & Woman welcome.</i>	3:30	Answers to Your Life from the 5th Dimension - Liz Ciencin <i>Getting answers from a place of oneness, wholeness and unconditional love.</i>
11:00 Is Your Feng Shui OK? - Sally Thurston <i>Sketch the floor plan of your home; then apply basic feng shui principles in order to enhance your life.</i>	3:30	Your Retirement Savings: Alternatives to the Current Financial System - Joanna Montana <i>Alternatives to banks, stocks, mutual funds, 401Ks.. such as community supported business & home loans & real estate investments...</i>
11:00 Walk the Labyrinth - Cat Field <i>Be guided in a meditation; then walk the labyrinth.</i>	3:30	On Being Human 2: You Can't Hide What's Inside You - Woodland Sage <i>True! From no one. Really? What about from myself?</i>
11:00 Percussion & Rhythmn Ensemble for All Ages - Michael Bootzin <i>Learn some Latin instruments and how to read rhythmic notation by being part of a percussive ensemble.</i>	4:30	Children's Activity: Body Painting Fun - Andrew Saunders
12:00 Silver Screen Classics with Nudity: Tabu: Story of the South Seas - Len Summers <i>Romeo & Juliet meets Adam & Eve in 1929 Tahiti. A couple's love is threatened by the tribal chief.</i>	4:30	Let the World Know - Bill Pacer, LaDonna Allison <i>Exchange stories of being public naturists.</i>
12:00 Children's Activity: Catch & Release Fishing - Hank Key	4:30	Publishing Your Book with Amazon - Allan Ramsay <i>Do you have a book inside you? Bring it to the world.</i>
1:30 How Much of a Nudist Are You? - George Winlock <i>(Scale of 1 – 10) How public are you about being a nudist?</i>	4:30	Modern Myths & Urban Legends - Robert Pytel <i>Prevalence of today's myths or "No! No! That one is true."</i>
1:30 Love Languages - Morley Schloss <i>Enhance your relationships by discovering your own and your partner's desired expressions of love. Experiential.</i>	4:30	Water Flotation for Couples - Alice & Dunbar Susong <i>Support your floating partner as you breathe with them and stretch and rock them into a Yab Yum state of bliss.</i>
1:30 Yoga for Bone Health - Susan Shopiro <i>Yoga for people with postural or bone health issues.</i>	4:30	Love Builders - Darrell & Nancy Casey, Keith Bond <i>Creating Loving Relationships in challenging circumstances.</i>
1:30 Make a Pair of Earrings - Maureen Grady <i>Beads provided. Pick your colors & create your earrings.</i>	4:30	West African Dance - John Dodge <i>African dance movements to build your body and spirit.</i>
1:30 Are You a Loser? Weight Loss Support - Kath Rooney <i>Join fellow losers to learn from and encourage each other as we share our journey down the scale.</i>	4:30	Community - Why We Need a Return To - Jack Arnold <i>Our culture and our economy are built upon separation, from nature, from each other and from ourselves. But, our psyche is structured for cooperation/community, not competition. Return to our future to make sure we have one.</i>
1:30 Golf for for All Ages - Craig Summey <i>Introduction to golf on a real golf course.</i>	7:00	Children's Activity: Origami - Michael Bootzin <i>Paper folding fun.</i>
		My Father's Garden (movie) - Jack Arnold <i>The use and misuse of technology on the American farm.</i>

7:00	Cruising Europe: Western Norway & the Baltic (slide show) - David Lewis <i>The fjords of Norway, Baltic cities, St. Petersburg, Russia.</i>	11:00	Growing Food in Florida - John Dodge <i>Share you experiences and pick up some tips on growing healthy food in the semi-tropics of Florida.</i>
7:00	Children's Activity: Campfire with Snacks, Games & "Pie, the Clown" - Hankie, the Clown	11:00	What is the World? - William Peace, Trinity <i>A powerful synthesis and understanding of the application of "A Course In Miracles".</i>
8-12:00	Silver Screen Classics with Nudity: La Belle Noiseuse - Len Summers <i>A former famous painter revisits an abandoned project with a new inspirational model.</i>	11:00	Group Massage - Walter Loeb, Jonathan Shopiro <i>Learn and practice Stroking Community-style massage.</i>
8-10:00	Square Dance for All Ages - Morley Schloss <i>Fun square dances with caller. No experience necessary.</i>	11:00	Percussion & Rhythmn Ensemble for All Ages - Michael Bootzin <i>Learn some Latin instruments and how to read rhythmic notation by being part of a percussive ensemble.</i>
9-12:00	Campfire Drum Circle with Dancing - Javier Wilches	12:00	Silver Screen Classics with Nudity: The Bear - Len Summers <i>An orphaned cub is befriended by an adult Kodiak bear while both are being threatened by human hunters.</i>
10:00	Mary Ann Harris: Unsung Survivor (Performance) - LaDonna Allison <i>One woman's courageous fight for survival in the face of her enemy.</i>	1:30	Naturist Network in the Digital Age - Carmen Hamm, Claude Richards, Nicky Hoffman <i>Facebook, Twitter, LinkedIn and more. What can networking do for you, for naturism and for your local group?</i>
11:00	Harmonic Healing Voices in the Hot Tub - Michelle Angel <i>Use our voices; share loving healing energy in the hot tub.</i>	1:30	Choices: Values In Relationship Game - Morley Schloss <i>Discover/clarify what values are important to you in establishing or enhancing a relationship.</i>
FRIDAY, 2/17/2017			
8:00	Ashtanga Yoga - Michael Bootzin <i>Poses and a connection of movement and breath.</i>	1:30	The Call of the Wild - Don VandeKrol <i>We domesticated animals. Now we are living domesticated lives. Is that OK, or can we become wild again?</i>
9-11:00	Our Bodies, Our Selves - George Winlock, Amy Porter <i>We are all anatomically correct and should not be ashamed of looking at ourselves and others. Experiential.</i>	1:30	Basic Digital Photography - David Lewis <i>Basics of photography with digital cameras, including phones.</i>
9:00	Writing & Photography for N Magazine - Carmen Hamm, Nicky Hoffman <i>Looking for your name in print or perhaps your photo on the cover of N magazine? How you can accomplish this.</i>	1:30	Congolese Dance - Zen Holmes <i>Let the rhythm of the drums move your hips as you learn the basic movements of this very sensual African dance.</i>
9:00	On Being Human 3: Touching You, Touching Me, Heals! - Woodland Sage <i>OMG! Is there doubt? Is there a medicine that can match it?</i>	1:30	Move & Move Big - Susan Shopiro <i>Parkinson's movement disorder: an effective treatment technique.</i>
9:00	Nail It: Jamberry Nail Wraps - Mindi Little <i>Let amazing nails wrap up your fashion statement.</i>	1:30	Sprouting - Going Beyond Lettuce - John Dodge <i>Learn which seeds can be sprouted, easy sprouting and storing techniques, recipes, demo, samples to eat.</i>
9:00	Service Dogs - Dan Fugate & Popeye <i>Training & benefits of service dogs.</i>	1:30	Children's Activity: Why Not Tie Knots? - Alice & Dunbar Susong <i>Basic knots kids can learn in 30 minutes.</i>
9:00	Bug-Free Natrurally - Kerriane Doyle <i>Nontoxic recipes for repelling pesky insects for your pets, your home, and you!</i>	2:30	Naturist Happenings in Florida - Nelson Jones <i>Naturist developments in the last year.</i>
9:00	Ethnobotany for Nudists - Jerry Dixon <i>How plants are powerful to prevent viruses and anti-biotic resistant bacteria, prevent pandemics and simple steps to take for prevention in nudist climes.</i>	2:30	Learning to Love the Shape You're In - Darrell & Nancy Casey <i>Explore ways to deepen body acceptance and transform nude recreation into nude Re-Creation.</i>
9:00	Children's Activity: Reiki & Energy Healing - Swann <i>Fun, hands-on healing the mind, body & spirit.</i>	2:30	Tai Chi - Michael Bootzin <i>Focus on breathwork and balance, on the meditation aspect, not the martial art aspect, of Tai Chi.</i>
10:00	Native Flute Playshop - Armand & Angelina <i>This instrument is simple to master since all the notes are in tune with themselves so even those with no musical ability can play lovely melodies.</i>	2:30	On Being Human 4: Sexual Energy, Nudity, & Freedom - Woodland Sage <i>It's a choice. I live or I don't. What does living really mean? Where does it all start?</i>
10:00	Hair Vs Bare - Claudia Kellersch <i>Which do you prefer? Hair? Bare? Where? There? Everywhere? Bald and ribald? Hirsute and cute?</i>	2:30	East Coast Swing - Don Sanborn <i>Disco style dance a.k.a. 6 step swing is easy to learn & will have you dancing to almost any song.</i>
10:00	Every Trick in the Book - Rich Pasco <i>How hackers trick you into helping them take over your computer--and your bank account.</i>	2:30	Ecosystems of Sunsport I - Geoffrey Farmer <i>Examine the history of the land at Sunsport, the Everglades, and the natural communities that occur here.</i>
10:00	Water Aerobics - Carolyn Roach <i>Exhilarating hour of stretching, cardiac strengthening, and deep breathing.</i>	2:30	The Art of Modeling - Bill Pacer, LaDonna Allison <i>Pointers to those who wish to be an art model.</i>
10:00	Guided Meditation - Michael Bootzin <i>Open your imaginarium through visualizations.</i>	2:30	Children's Activity: Ice Cream Social & Pool Fun - Tom Black Hawk Caffery, Sandi Reamer
10:00	New Games for All Ages - Joanna Montana <i>Cooperative fun field games.</i>	3:30	American Nudist Research Library - Paul LeValley <i>Update on new research tools on the library web site and cooperation with the NEF Library.</i>
11:00	Involving Young Adults & Families in Naturism - Morley Schloss <i>People aged 18-30 do become active naturists - a successful model for offering what young adults and families want.</i>	3:30	A Gathering of Divine Beings - Faerie Elaine Silver, James the Beloved <i>Circle of like-minded people come together to share and to be heard using simple, ancient ritual in a sacred space. If desired, bring item for the altar.</i>
11:00	Seven Main Chakras - Love Byrd <i>What they are, what they do and why they are so important to our overall well being and physical heath.</i>		

3:30 **Exotic Friut Tasting** - John Dodge
Taste some interesting tropical fruits.

3:30 **A Naturist Perspective of Life on the Street** - Bruce Frendahl
How a naturist copes with homelessness & continues to practice what he loves.

3:30 **Zensual Yoga** - Zen Holmes
This combination of Kundalini & Core Strength Vinyasa focuses on the movement of sexual energy throughout the body.

3:30 **Discover SCUBA Diving (limit 6)** - David Little
Introduction to SCUBA diving for adults.

3:30 **Team Building for All Ages** - Michael Bootzin
Activities that encourage participants to cooperate to obtain a certain goal.

4:30 **Naturist Action Committee/Naturist Education Foundation Update** - Jim Dickey
Lively discussion on TNS political and education arms.

4:30 **Low Cost Energy Efficient Shelter** - Jack Arnold
Building "green", focus on the Tiny House.

4:30 **Circle Dancing** - Diamid
Celebration and ritual using traditional and modern dances from many countries, ending with a meditation dance - no partner required, no need to be able to dance.

4:30 **Being a Photographer's Model** - LaDonna Allison, Bill Pacer
Demanding, fun and forever. Cameras welcome.

4:30 **Good Bad Luck** - Faerie Elaine Silver, James the Beloved
Circle sharing.

4:30 **Beginning Chess** - Michael Bootzin
Movement of each piece, mini chess games, openings, basic strategy.

4:30 **Body Weight Exercises** - Morris Gelman
Core, aerobic, flexibility.

4:30 **Children's Activity: Story Time** - Alice & Dunbar Susong
Stories and songs for a quiet time.

4:30 **Children's Activity: Discover SCUBA Diving (Ages 8-15. Limit 6)** - David Little
Experience an introduction to SCUBA diving.

7-9:00 **Silver Screen Classics with Nudity: Betty Page Reveals All** - Len Summers
America's most famous pin-up model recounts her life story.

7:00 **Mrs. Deborah Read Franklin (performance)** - LaDonna Allison
The unknown heroine who kept the home fires burning while common law husband, Ben Franklin, served his nation.

7:00 **Viewing the Winter Night Sky** - David Gibbon
View the mars, venus, uranus, and other celestial objects through an astronomical telescope.

7:00 **Children's Activity: Kid's Disco** - Amber & Forest Holmes-Dodge

8-10:00 **Peace, Love & P'opera Concert** - Armand & Angelina
Combining classical influence and world-pop stylings, a unique genre called P'opera using songs, stories and humor to inspire you to experience "Heaven on Earth."

9-12:00 **Campfire Drum Circle with Dancing** - Javier Wilches

9:00 **Silver Screen Classics with Nudity: Shorts** - Len Summers

10-12:00 **Nudes in the News (video)** - Rich Pasco
See how mainstream television looks at nudists.

10-12:00 **Viewing the Winter Night Sky** - David Gibbon
View the Great Orion Nebula & other celestial objects through an astronomical telescope.

10-11:30 **Within Reach (movie)** - Jack Arnold
Is it possible for all of us to live in a sustainable way? Mandy and Ryan "bike-pack" around the USA, looking around at intentional communities as they look within.

SATURDAY, 2/18/2017

8:00 **Ashtanga Yoga** - Michael Bootzin
Poses and a connection of movement and breath.

9-11:00 **B.E.A.C.H.E.S. Foundations Institute Annual Meeting** - Board of Governors
All festival attendees are welcome. Info at beachesfoundation.org.

9:00 **Deep Ecology** - Don VandeKrol
How are we related to other life forms? What are our ethical obligations to non-humans?

9:00 **On Being Human 5: Joy? Right Here? Right Now? YES!** - Woodland Sage
Why not? Who's going to stop you? Do you like surprises?

9:00 **Theater Arts** - Michael Bootzin
Work on skits and theater games possibly to perform.

9:00 **Treasure Yourself** - Merri Chitty
Give yourself energy boosts, clean the slate, consciously think and learn to put fun & joy into your life. Interactive.

9:00 **Bird Walk** - Len Summers, Maureen Grady
Stroll through the trails spotting and identifying the species that migrate to Sunsport.

9:00 **Yoni Wellness: Yoni Eggs** - Zen Holmes
Use Yoni Eggs for sexual & spiritual rejuvenation & vaginal health.

9:00 **Paleo Sexuality** - Aaron Frost
Natural sexuality is demonized by today's moralizing myths. Can we ever regain natural relationships?

9:00 **Children's Activity: Reiki & Energy Healing** - Swann
Fun, hands-on healing the mind, body & spirit.

10:00 **Sociology, Agorism, & Libertarian Socialism** - Joanna Montana
Anti-authoritarian philosophy emphasizing workers' self-management, decentralized political structures, & direct democracy to achieve freedom & justice.

10:00 **Transformational Rhythms** - Theresa Frazier, Cliff Harmon
The healing and community-building gift of drumming to a common rhythm!

10:00 **Are You a Loser? Weight Loss Support** - Kath Rooney
Join fellow losers to learn from and encourage each other as we share our journey down the scale.

10:00 **Water Aerobics** - Carolyn Roach
Exhilarating hour of stretching, cardiac strengthening, and deep breathing.

10:00 **Hugs Are Great** - Nikki Nelson, Doug Sharp
Express affection; hugging shows that you care about a person. Interactive. Singles welcome.

10:00 **Guided Meditation** - Michael Bootzin
Open your imaginarium through visualizations.

10:00 **Sign Language for All Ages** - Amy Porter
Learning to speak with our hands.

11-1:00 **Skin Cancer Screening** - Mounir Wassef

11:00 **Blind Creek Beach Update** - Nelson Jones, Carl Flick, Jacqui Foshay
Blind Creek Beach & Treasure Coast Natlurists organization.

11:00 **Tantric Breathing: The Breath of Love** - Alice & Dunbar Susong
Breathing exercise with tantric body movements and vocalization, guaranteed to enhance pleasure in a loving relationship.

11:00 **Living, Loving & Letting Go** - Love Byrd
Releasing things in our lives that no longer serve our highest good creating space for new possibilities and personal growth.

11:00 **Knot Tying** - Michael Bootzin
How to tie things down whether it's a tent or something to your car.

11:00 **Solar Eclipse 2017** - Gabriele Germann
The geometry of solar eclipses, past and future eclipses.

11:00	Preparing for Income Tax Changes - Bill Pike <i>New rules and mandatory papers to file your tax return.</i>	7:00	Nudes in Art History: Slide Show & Book Signing - Paul LeValley <i>See some of the most stunning pictures from new book.</i>
11:00	Children's Activity: Drumming - Forest Holmes-Dodge	7:00	Harmonic Healing Voices in the Hot Tub - Michelle Angel <i>Use our voices; share loving healing energy in the hot tub.</i>
12:00	Children's Activity: Canuding & Kayaking - Blair Brumley	7:00	Children's Activity: Hide & Seek - Craig Summey
1:30	GENERAL ASSEMBLY AND GROUP PHOTO	8-10:00	Fairie Elaine in Concert - Faerie Elaine Silver, James the Beloved <i>The inspiring music of award-winning performer and recording artist Faerie Elaine.</i>
3:00	The Play is the Thing - TA Wyner <i>Portray a character, or a nude "extra" in a performance on MacArthur Beach.</i>	9-12:00	Campfire Drum Circle with Dancing - Cliff Harmon
3:00	Harmonic Immersion: Gong Meditation - Michelle Angel <i>A rich and varied harmonic soundscape with sacred instruments to relax you and take you on an inward journey.</i>	9-12:00	Silver Screen Classics with Nudity: The Bader-Meinhof Complex - Len Summers <i>Historical rendering of the Red Army Faction's crime and terrorism spree during the 1960's & 70's in West Germany.</i>
3:00	On Being Human 1: Our Physical Well-Being - Woodland Sage <i>Is it the most miraculous & complete multi-directional communication system ever created without a single particle of technology? Hmmm! I wonder?</i>	10:00	Black + White + Santa Claus = 23 (performance) - Bill Pacer <i>True tales of a man's adventures with the Pope, racism, kids, bigotry, Santa Claus, terrorism--and God.</i>
3:00	Meditation: Myth & Understanding - Darrell & Nancy Casey <i>Experience some basic meditation techniques that can improve your physical, emotional and spiritual health.</i>		
3:00	Body Decorations: Nipple Rings, Tattoos, Genital Jewelry - George Winlock <i>What do you think when you see others with them? If you have them, why?</i>		
3:00	Kombucha - John Dodge <i>Learn to make your own Kombucha, ancient tool to cope with the stresses of civilized life.</i>		
3:00	Tai Chi - Michael Bootzin <i>Focus on breathwork and balance, on the meditation aspect, not the martial art aspect, of Tai Chi.</i>		
3:00	Children's Activity: Ice Cream Social & Pool Fun - Tom Black Hawk Caffery, Sandi Reamer		
4-5:30	Florida Naturist Groups: Sharing Information, Developing Strategies - AANR Florida, Bare Buns Bikers, B.E.A.C.H.E.S., Central Florida Naturists, Florida Keys Naturists, Florida Young Naturists, Free Caspersen Beach Club, Friends of Blind Creek Beach, Gay Naturists International, Naturist Action Committee, North Florida Naturists, Sanibel Naturists, South Florida Free Beaches, Suncoast Naturists, Tallahassee Naturally, Tampa Area Naturists, Treasure Coast Naturists, WildFyre Society		
4-5:30	Water Flotation for Couples - Alice & Dunbar Susong <i>Support your floating partner as you breathe with them and stretch and rock them into a Yab Yum state of bliss.</i>		
4-5:30	Couples Massage I - Jerry Dixon <i>For persons who have never had or have given a massage.</i>		
4-5:30	Memoir: Visually Protecting Our Life Stories - Michael Raymond <i>Get started organizing, storyboarding, & preserving your life story, zeroing in on one chapter to act out.</i>		
4-5:30	Naturist Photography & Modeling - Carl Flick <i>Explore naturist themes in setting up photographic imagery, for both photographers and models.</i>		
4-5:30	How To Be Healthy in the 21st Century - John Dodge <i>Nutrition, meditation, yoga, visualization, exercise, herbs, aromatherapy, Ayurveda, dancing, drumming and more to maintain your humanity, physical and spiritual.</i>		
4-5:30	In Every Domestic Dog Beats the Heart of a Grey Wolf - Bill Cannon <i>How our dogs evolved from gray wolves, how their heritage explains many of their behaviors today.</i>		
4-5:30	Children's Activity: Field Games: Larish, Dodgeball, Capture the Flag - Craig Summey		
7-9:00	Silver Screen Classics with Nudity: I'm All Right Jack - Len Summers <i>A naïve aristocrat, caught up in the struggle between his profit-minded uncle & an aggressive labor union, unwittingly upsets a crooked business scheme.</i>		
			SUNDAY, 2/19/2017
		8:00	Ashtanga Yoga - Michael Bootzin <i>Poses and a connection of movement and breath.</i>
		9:00	Nudist Lifestyle in Today's Economy - Jerry Dixon <i>Share experiences strategies and tips.</i>
		9:00	Professors & Researchers SIG - Paul LeValley <i>Opportunity for current and prospective SIG members to meet to find out what this SIG is doing.</i>
		9:00	Earth Spirit Celebration - Love & Roger Byrd <i>We are spiritual beings sharing an earthly journey. Celebrate as we honor that journey and Mother Earth.</i>
		9:00	Christian Naturist Non-Denominational Worship Service - Bruce Frendahl <i>Welcome, introductions, hymn-singing, sermon, prayer and prayer requests, Biblically-based counseling available.</i>
		9:00	Chakra Dance - Brenda Smith <i>Guide your soul to music to cleanse your chakras.</i>
		9:00	Yoni Wellness: Yoni Steaming - Zen Holmes <i>The ancient art of Yoni Steaming for vaginal health & healing.</i>
		9:00	Theater Arts - Michael Bootzin <i>Work on skits and theater games possibly to perform.</i>
		9:00	Children's Activity: Reiki & Energy Healing - Swann <i>Fun, hands-on healing the mind, body & spirit.</i>
		10-3:00	Bloodmobile <i>Give the gift of life.</i>
		10:00	Where To Go Nude in Florida: Geography & Maps - Carl Flick <i>The latest information on finding and enjoying naturist sites.</i>
		10:00	Power As Partnership or Control & Domination - Don VandeKrol <i>When you say 'power', what do you mean?</i>
		10:00	On Being Human 2: You Can't Hide What's Inside You - Woodland Sage <i>True! From no one. Really? What about from myself?</i>
		10:00	Water Aerobics - Carolyn Roach <i>Exhilarating hour of stretching, cardiac strengthening, and deep breathing.</i>
		10:00	Modern Myths & Urban Legends - Robert Pytel <i>Prevalence of today's myths or "No! No! That one is true."</i>
		10:00	Guided Meditation - Michael Bootzin <i>Open your imaginarium through visualizations.</i>
		10:00	Sign Language for All Ages - Amy Porter <i>Learning to speak with our hands.</i>
		11:00	Privatizing a Back Yard - Rich Pasco <i>How I made my urban backyard an oasis for nudity.</i>
		11:00	Compassionate Communication - Joanna Montana <i>Peaceful relating & conflict resolution. (experiential)</i>

11:00	Sacred Realism - Aaron Frost <i>Discover the sacred authority of reality by exposing cognitive bias and dogmatic fantasy.</i>	3:30	Medical Advanced Directives: What You Don't Know - Nancy Hendricks <i>Different aspects of decisions about end-of-life situations.</i>
11:00	Creating Community - Love Byrd, Nikki Nelson <i>Importance of building a diverse community.</i>	3:30	Children's Activity: Theater Arts - Michael Bootzin <i>Work on skits and theater games possibly to perform.</i>
11:00	Changing Our Attitude Toward Change - Darrell & Nancy Casey <i>How can we release fear and grow through change in a more positive manner?</i>	4:30	Sexting - A Naturist Issue? - Rich Pasco <i>Should society criminalize youth for photographing their own bodies? Should we as naturists get involved? How?</i>
11:00	Singles SIG Meet & Greet - George Winlock <i>Meet & greet other single nudists.</i>	4:30	Pampering Your Partner - Nikki Nelson, Doug Sharp <i>Let them know how much you value them in your life and improve your relationship. Interactive. Singles welcome.</i>
11:00	Tie Dye for All Ages - Stephanie Reamer, Scott Cleary	4:30	Raw Food Aphrodesiac Desserts - John Dodge <i>Have fun making & tasting live food sensual desserts. Spice up your love life one bite at a time, and get healthy.</i>
12:00	Children's Activity: Slip 'N Slide - Tom Black Hawk Caffery	4:30	Naturist Poetry & Poem Composition - Bruce Friendahl <i>Learn about writing poetry, and compose your own poem!</i>
1:00	Children's Activity: David Bowden Memorial Coin Toss - George Winlock <i>The legacy of David "the money man" Bowden: experiencing the gift that comes from giving. Coin donations accepted.</i>	4:30	Couples Massage II - Jerry Dixon <i>For couples who completed Couples Workshop I, or have previous experience giving and receiving basic massage.</i>
1:30	Golf Cart Service - Dan Fugate <i>battery,tires ,lube, ...</i>	4:30	On Being Human 3: Touching You, Touching Me - Woodland Sage <i>OMG! Is there doubt? Is there a medicine that can match it?</i>
1:30	Agriculture vs. Forest Gardening - Geoffrey Farmer <i>The primary food growing systems of successful civilizations and their long-term effects on the environment.</i>	4:30	What Is Ailing You? There May Be an Answer - Isolde Boutwell <i>Natural healing costs only time and effort; for every year you have had the illness, count 1 month of healing time.</i>
1:30	Body Weight Exercises - Morris Gelman <i>Core, aerobic, flexibility.</i>	4:30	Children's Activity: Painting a Bird House & Making a Bird Feeder - Barbara Fries
1:30	Getting the Stress You Need - Trinity, William Peace <i>Tools to remove damaging stress and get the stress you need!! Make stress work for you instead of against you.</i>	7-9:00	Makid: The Beginning - John Dodge <i>Solution to the meaning of the Universe without negating any of the existing science and religious dogma.</i>
1:30	Make a Pair of Earrings - Maureen Grady <i>Beads provided. Pick your colors & create your earrings.</i>	7:00	Natural Ben (performance) - Bill Pacer, LaDonna Allison <i>Benjamin Franklin loved "air baths," but has a birthday surprise when naturist friends visit to listen to his memories.</i>
1:30	Organic Body Care - Kerrienne Doyle <i>Benefits of using organic herbal formulas.</i>	7:00	Children's Activity: Campfire Story Time - Alice & Dunbar Susong <i>Stories and songs for a quiet time.</i>
1:30	Pudding Toss for All Ages - Morley Schloss <i>Messy, gooey free-for-all.</i>	8:00	David Redmond in Concert - David Redmond <i>Original songs and folk/rock music.</i>
2:30-4:30	"The Stockholders' Meeting" Rehearsal - Bill Pacer, LaDonna Allison, & Cast <i>An insightful and powerful black comedy about the bare facts of corporate greed. A staged reading.</i>	9-12:00	Campfire Drum Circle with Dancing - Tom Black Hawk Caffery
2:30	The Spirituality of Naturism - Cat Field <i>Share how naturism and spirituality co-exist in your life.</i>	9-11:30	Silver Screen Classics with Nudity: The Light Horsemen - Len Summers <i>Recreation of Australia's legendary Lighthouse Regiment's charge of Beersheba in Palestine during WWI.</i>
2:30	Raw Pasta & Gourmet Sauces - John Dodge <i>Make fast, healthy raw pasta dishes without grains and calories, also some exciting gourmet sauces.</i>	9:00	Loving, Sex: Unleashed (performance) - LaDonna Allison <i>A preacher's kid; from P.K. to risque, a woman's quest to bare her soul and find freedom.</i>
2:30	Goals Meditation - Trinity, William Peace <i>Locate hidden goals from our past that are hindering our present life, so that we can heal and move forward in life.</i>	10:00	Harmonic Immersion: Gong Meditation - Michelle Angel <i>A rich and varied harmonic soundscape with sacred instruments to relax you and take you on an inward journey.</i>
2:30	Plant With Granny's Bloomers - Kurt Strickland <i>Helping elders with gardening.</i>		
2:30	Tai Chi - Michael Bootzin <i>Focus on breathwork and balance, on the meditation aspect, not the martial art aspect, of Tai Chi.</i>		
2:30	Pareo Tying - Jim Dickey, Claude Richards <i>Pareo Tying. Not just for her anymore.</i>		
2:30	Children's Activity: Ice Cream Social & Pool Fun - Tom Black Hawk Caffery, Sandi Reamer		
3:30	Attracting College Students - Paul LeValley <i>Learn how a successful club does it.</i>		
3:30	Art of Sand: Patterns - Darren & Laurie Snyder <i>Create amazing angled patterns in a glass bottle with vibrantly colored art sand.</i>		
3:30	A Course in Miracles: Introduction - Allan Ramsay <i>A spiritual path that lets people navigate their lives and the world with new eyes.</i>		
3:30	Hatha Yoga - Susan Shopiro <i>Yoga for experienced Yogini or physically active people.</i>		
3:30	Ecosystems of Sunsport II - a Walking Tour - Geoffrey Farmer <i>Follow the water through natural communities that are a part of the Everglades mosaic and a forest garden.</i>		
			MONDAY, 2/20/2017
		8:00	Ashtanga Yoga - Michael Bootzin <i>Poses and a connection of movement and breath.</i>
		9:00	Christianity & Naturism ... Not Mutually Exclusive - Bruce Friendahl <i>Why these two, apparently "conflicting", are in reality quite "complementary"!</i>
		9:00	Yoni Wellness: Yoni Egg-ercizes - Zen Holmes <i>Exercise routine using Yoni Eggs to strengthen vaginal muscles & enhance sex.</i>
		9:00	Kirtan: Chant & Be Happy - Michelle Angel <i>Chanting to invoke the presence of the divine that dwells within with a brief gong meditation.</i>
		9:00	Stretch & Flex for Life - Nikki Nelson <i>Reduce risk of injuries and increase productivity through stretch and flex exercises. Interactive.</i>

9:00	1001 Uses for Apple Cider Vinegar - Brenda Smith <i>Did you know apple cider vinegar is a natural antibiotic?</i>	1:30	Triage a la Mom - Mindi Little <i>Where you seek health care affects time, money, and efficacy. PCP? URGENT CARE? ER? Should I stay or go?</i>
9:00	Theater Arts - Michael Bootzin <i>Work on skits and theater games possibly to perform.</i>	1:30	Stupid Design, Why Are We Still Here? - Robert Pickman <i>Video takes a look at our universe, our solar system, our world and presents another theory of why we are here.</i>
9:00	On Being Human 4: Sexual Energy, Nudity, & Freedom - Woodland Sage <i>It's a choice. I live or I don't. What does living really mean? Where does it all start?</i>	1:30	Yoga Therapy - Susan Shopiro <i>Yoga practice designed for your health needs.</i>
9:00	Children's Activity: Reiki & Energy Healing - Swann <i>Fun, hands-on healing the mind, body & spirit.</i>	1:30	On Being Human 5: Joy? Right Here? Right Now? YES! - Woodland Sage <i>Why not? Who's going to stop you? Do you like surprises?</i>
10:00	Values Sort: Your Ideal Nudist Event - Jerry Dixon <i>Share & rank positive experiences. Experiential.</i>	1:30	Children's Activity: Theater Arts - Michael Bootzin <i>Work on skits and theater games possibly to perform.</i>
10:00	Special Effects with Digital Photography - David Lewis <i>Using cameras and software for high dynamic range, panoramic, and stereo photography.</i>	2:30-4:30	"The Stockholders' Meeting" Rehearsal - Bill Pacer, LaDonna Allison, & Cast <i>An insightful and powerful black comedy about the bare facts of corporate greed. A staged reading.</i>
10:00	Environmental vs. Economic Decisions - Don VandeKrol <i>Are we humans insane or are our choices made for us?</i>	2:30	Taking It Back - Rich Pasco <i>Managements of a few nudist resorts have alienated traditional naturists by marketing to "swingers". What homeowners can do to preserve their values.</i>
10:00	Are You a Loser? Weight Loss Support - Kath Rooney <i>Join fellow losers to learn from and encourage each other as we share our journey down the scale.</i>	2:30	Tai Chi - Michael Bootzin <i>Focus on breathwork and balance, on the meditation aspect, not the martial art aspect, of Tai Chi.</i>
10:00	Water Aerobics - Carolyn Roach <i>Exhilarating hour of stretching, cardiac strengthening, and deep breathing.</i>	2:30	Forgiveness is For Giving Ourselves a Chance to Move Forward - Darrell & Nancy Casey <i>Tools to help release the past so you can get on with life.</i>
10:00	Guided Meditation - Michael Bootzin <i>Open your imaginarium through visualizations.</i>	2:30	West African Dance - John Dodge <i>African dance movements to build your body and spirit.</i>
10:00	Sign Language for All Ages - Amy Porter <i>Learning to speak with our hands.</i>	2:30	Art of Sand: Landscapes - Darron & Laurie Snyder <i>Create a landscape picture in a glass bottle with vibrantly colored art sand.</i>
11:00	New World Order - Jack Arnold <i>Collapsing economics, corrupt governments, poisoned earth. Are we ending it all for humans, or transitioning to an earth where all life is sacred and regenerating.</i>	2:30	Children's Activity: Ice Cream Social & Pool Fun - Tom Black Hawk Caffery, Sandi Reamer
11:00	Tantric Breathing: The Breath of Love - Alice & Dunbar Susong <i>Breathing exercise with tantric body movements and vocalization, guaranteed to enhance pleasure in a loving relationship.</i>	3:30-5:30	Paper Folding - Michael Bootzin <i>History of paper folding: how to create a scandinavian paper star. Watch a documentary video.</i>
11:00	Women's Workshop - Carmen Hamm, Nicky Hoffman, Claude Richards <i>What does naturism mean to you?</i>	3:30	TNS Lifetime SIG Meet & Greet - Carmen Hamm, Claude Richards, Nicky Hoffman, Jim Dickey <i>The purpose of the The Natutist Society Lifetime SIG; what can be done to increase TNS membership.</i>
11:00	Men's Workshop - Jim Dickey <i>Lively discussion wherever the conversation takes us.</i>	3:30	Musical Jam Session - Jonathan & Susan Shopiro <i>Bring your instruments and voices; let's play some music!</i>
11:00	Pilates - Morris Gelman <i>23 exercises to strengthen abs.</i>	3:30	The Biggest Problems in the World: How to Fix Them - Joanna Montana <i>Our political system and the problems in our interdependent world: environment destruction, climate change, human exploitation etc.</i>
11:00	Harmonic Healing Voices in the Hot Tub - Michelle Angel <i>Use our voices; share loving healing energy in the hot tub.</i>	3:30	Getting the Stress You Need - William Peace, Trinity <i>Tools to remove damaging stress and get the stress you need!! Make stress work for you instead of against you.</i>
11:00	East Coast Swing - Don Sanborn <i>Disco style dance a.k.a. 6 step swing is easy to learn & will have you dancing to almost any song.</i>	3:30	Answers to Your Life from the 5th Dimension - Liz Ciancin <i>Getting answers from a place of oneness, wholeness and unconditional love.</i>
11:00	Children's Activity: We're All Different & Perfect - Morley Schloss, Amy Porter	4:30	Children's Activity: Body Painting Fun - Andrew Saunders
12:00	DEADLINE FOR ORDERING BOX LUNCHES FOR TUESDAY TRIPS	4:30	When, Where, & Why Do I Go Nude? - George Winlock <i>Share your naturist experiences.</i>
12:00	Silver Screen Classics with Nudity: The Little Mermaid - Len Summers <i>A mermaid princess makes a Faustian bargain with a sea- witch in order to meet a human prince.</i>	4:30	Is Your Feng Shui OK? - Sally Thurston <i>Sketch the floor plan of your home; then apply basic feng shui principles in order to enhance your life.</i>
12:00	Children's Activity: Catch & Release Fishing - Hank Key	4:30	Water Flotation for Couples - Alice & Dunbar Susong <i>Support your floating partner as you breathe with them and stretch and rock them into a Yab Yum state of bliss.</i>
1:30	The United Nations of Naturism: INF Today - Claudia Kellersch <i>From 1953 to the present, international naturist leaders have met to shape the future. Their history and their work.</i>	4:30	Circle Dancing - Diamid <i>Celebration and ritual using traditional and modern dances from many countries, ending with a meditation dance - no partner required, no need to be able to dance.</i>
1:30	Personal Energy - Kurt Strickland <i>Identify, enhance, & focus your energy for healings.</i>		
1:30	West African Drumming - John Dodge <i>Learn the rhythm parts that create an African dance. Play in the following African dance class.</i>		

4:30 **Goals Meditation** - William Peace, Trinity
Locate hidden goals from our past that are hindering our present life, so that we can heal and move forward in life.

4:30 **SunSport: Is This an Eco-Resort** - Geoffrey Farmer
What would it take to create an ecologically sustainable resort and community at SunSport?

4:30 **Children's Parade** - John Dodge & Family
Design and paint Banners - make music - dance & walk - have fun being a spirit.

7-9:00 **Silver Screen Classics with Nudity: Life of Brian** - Len Summers
Month Python's religious parable adventure of an individual born in a stable next door on the original Christmas.

7-8:30 **Variety Show for All Ages**
Your chance to shine.

8:30-10:00 **The Stockholders' Meeting (performance)** - LaDonna Allison, Bill Pacer, & Cast
An insightful and powerful black comedy about the bare facts of corporate greed. A staged reading.

9-12:00 **Campfire Drum Circle with Dancing** - John Dodge

9-11:00 **Growing Cities (movie)** - Jack Arnold
From rooftop farmers to backyard beekeepers, Americans are growing food like never before.

10-12:00 **Karaoke & Dance** - Sandi Reamer

TUESDAY, 2/21/2017

8:00 **Ashtanga Yoga** - Michael Bootzin
Poses and a connection of movement and breath.

9:00 **CLOSING FRIENDSHIP CIRCLE**

10:00 **Blind Creek Beach Trip** - Roger Byrd
Explore Florida's newest clothing optional beach.

10:00 **Haulover Beach Trip** - Al Rohde
Visit Florida's most popular clothing-optional beach.